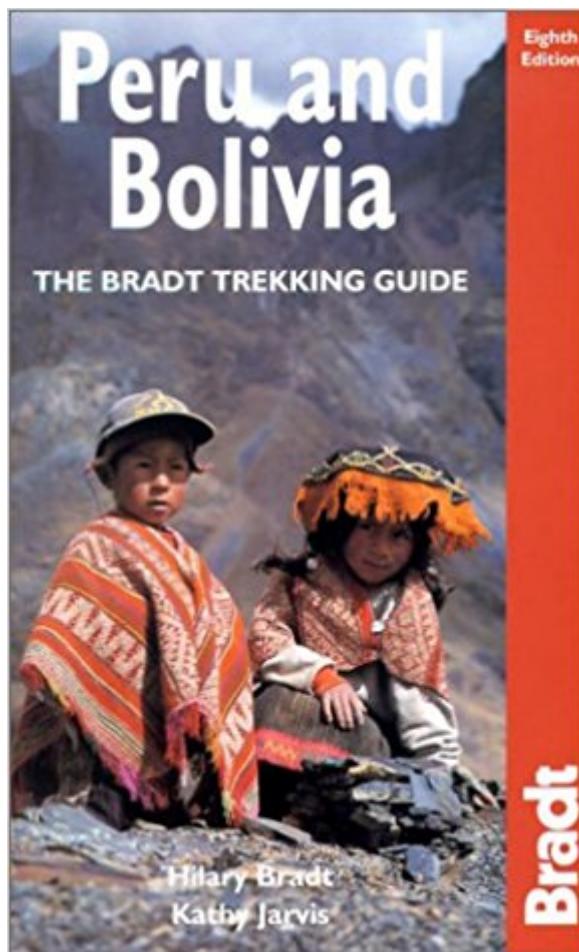


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# Peru And Bolivia, 8th: The Bradt Trekking Guide



## Synopsis

Each of the graded walks are presented against a background of cultural, historical and environmental information: village life, festivals, natural history and, importantly, low-impact ethical travel. Information on what to take, health and safety, local guides, and pack animals, along with many other topics make this guide indispensable.

## Book Information

Series: Bradt Hiking Guides

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## Customer Reviews

'Informative, diverting, encouraging and inspirational' High Magazine'There is no other book on sale today that presents the attractions en route so engagingly and in such depth' South American Explorer

At the heart of the ancient Inca empire, and in the shadow of the mighty Andes, Peru and Bolivia boast some of the world's most rewarding long-distance treks. Striking scenery and rich history cannot fail to stimulate and inspire the adventurous traveler. For almost three decades, Peru and Bolivia: The Bradt Trekking Guide has been the classic hikers' handbook. This comprehensively updated eighth edition continues to provide detailed descriptions of walking routes, together with cultural, historical and practical information, and guidance on low-impact travel. It remains the indispensable item in any backpack. This guide includes: graded treks for all levels of experience; scenic routes around Cusco, Lake Titicaca and the Cordilleras; natural history and local culture, including minimum-impact travel; coverage of the gateway cities of Lima and La Paz; safe and

healthy travel. (5 1/4 x 8 1/2, 416 pages, maps, charts)

These books have a lot of good qualities, they have super useful information, but there's also a lot they leave out. You wouldn't want to carry around a book that had ALL the info you need...it would be too heavy and it would be out of date within a few years anyway, so this is a nice balance. I used this book for 2 months when trekking in Peru and it was super helpful. Despite the maps, make sure you get good topo maps anyway, and use compass or GPS, as these maps aren't good enough for proper navigation, especially off trail. No book is perfect but I was quite happy with this one.

Good book as usual from Bradt. Was just what I was looking for -good layout.

Although writing the perfect trekking guide is an almost impossible exercise, there is certainly room for improvement in Bradt's latest offering. Whilst generic lonely planet guide blueprint is limited, the layout employed here is quite confusing and random, with maps, route descriptions, silly anecdotes, natural history, local culture and general travel advice thrown in together in a very messy fashion which limits the usefulness of the book as a reference material. The content itself is extremely bloated with superfluous info and suffers from inconsistent writing - at times it feels more like a disparate collection of internet postings than a trekking guide. Whilst it is great to see the alternate and no less spectacular routes getting a mention, some serious thought needs to be given to the editing process - it is a difficult task to write a concise and informative guide, but this is what is necessary to stand out from the dross.

We love the Bradt guides, because they're "personal", innovative, well-written and in-depth. If you like to explore the non-obvious, to get off the beaten track (without necessarily missing out on the highlights), this is the guide you're looking for!!

This book provided the information I needed and was more thorough than the new Lonely Planet equivalent, Trekking the Andes. I bought both and I'll take the Bradt guide to the Andes.

A friend let me borrow his book! I liked it so much I had to buy one of my own! Great info in preparing for my trip!

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